

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	<b>What tools do I need to settle in effectively?</b> Building trust and making friends, secondary school transition, safety and development points in life.	<b>Why is it important to be aspirational?</b> Future jobs, LMI, gender stereotypes at work and turning problems into opportunities.	<b>Why are healthy relationships important?</b> Friends and relationships, right from wrong, consent and boundaries, tricky friendships and discrimination.	<b>How does puberty impact me?</b> Dealing with puberty for boys and girls, personal hygiene, self-esteem and healthy eating.	<b>Why does law and society matter?</b> Multicultural Britain, nature v nurture, breaking down stereotypes, prejudice and discrimination.	<b>How can I remain safe online and offline?</b> Safeguarding myself important?, online gaming, cyber bullying, communicating safely and sugar/energy drinks.
Year 8	<b>Business in the Classroom</b> Enterprise skills, budgeting skills, teamwork and working towards making money for charity.	<b>'It's a part of growing up'</b> Growth mindset, managing changes, body image, periods, grief and loss and sexuality.	<b>How can I build healthy and safe relationships?</b> Family, love, managing unwanted attention, abusive behaviours, online relationships and harmful behaviour.	<b>How can my lifestyle choices impact my wellbeing?</b> Healthy lifestyle, impacts of bullying, gangs, risks of smoking/vaping, importance of sleep and online media.	<b>Why is being charitable a valuable part of society?</b> A project looking at the important role that charity plays, working towards charity fundraising.	<b>How do I identify and challenge discriminative behaviours?</b> Respecting identities and challenging discrimination of all kinds.
Year 9	<b>How can I play my role in a better community?</b> Safety in the community, the role of the Police, justice, crime and attitudes towards others in society.	<b>How can my ambitions shape my choices?</b>	<b>How can I maintain a healthy relationship?</b> Long-term relationships and marriage, family structures, parenting roles, intro to contraception, teenage pregnancy and FGM.	<b>How can I avoid risky behaviour?</b> Knife crime and safety, 'trolling', county lines, drugs and addiction and challenging extremism.	<b>Lifelong skills</b> Coping strategies, financial literacy, understanding pay-slips and skills that students will find useful in later years.	<b>Why are British values important?</b> A topic focused on overcoming challenges in society, based upon British Values and linked to 'CORE Values'.
Year 10	<b>How can I best take care of my wellbeing?</b> Recognising mental health and promoting emotional wellbeing, self-harm and body modification.	<b>Work experience and beyond</b>	<b>What are my rights and responsibilities?</b> Respecting our data, consumer rights, social media awareness, respecting one another, false expectations of a relationship.	<b>How can I keep myself safe in an intimate relationship?</b> Delaying sexual activity, why have sex?, contraception, what are STIs? and managing unwanted attention.	<b>Am I aware of risk and crime?</b> Honor-based violence, forced marriage, online gambling, watching inappropriate content, modern day slavery and CSE.	<b>Can I overcome challenges in a changing society?</b> A topic focused on challenges in society, including equality for all, the impact of fake news and British Values.
Year 11	<b>Employability skills</b> Work experience reflection, next step choices, apprenticeships and LMI.	<b>How can I ensure that I am successful?</b> Identifying and managing stress levels, managing my time effectively, recapping and revising prior to mock examinations.	<b>Do I have the skills to make big decisions?</b> Breakup resilience, testicular and cervical health, unconscious bias and organ/blood donation.	<b>How can healthy relationships influence my home life?</b> Fertility, journey to parenthood, alcohol and bad choices, importance of sexual health, revisiting the essentials.	<b>GCSE Preparation and Revision</b>	

Health and Wellbeing

Healthy Relationships

Living in the Wider World

Careers Education