

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	<p>What tools do I need to settle in effectively? Building trust and making friends, secondary school transition, safety and development points in life.</p>	<p>Why is it important to be aspirational? Future jobs, LMI, gender stereotypes at work and turning problems into opportunities.</p>	<p>Why are healthy relationships important? What makes a good friend? Respectful Relationships, Bullying and Bystanders, Similarities, Differences and Peer Influence, Discrimination and Mental Health and Consent and Boundaries.</p>	<p>How does puberty impact me? Dealing with puberty for boys and girls, personal hygiene, self-esteem and healthy eating.</p>	<p>Why does law and society matter? Multicultural Britain, nature v nurture, breaking down stereotypes, prejudice and discrimination.</p>	<p>How can I remain safe online and offline? Safeguarding myself important?, online gaming, cyber bullying, communicating safely and sugar/energy drinks.</p>
Year 8	<p>Business in the Classroom Enterprise skills, budgeting skills, teamwork and working towards making money for charity.</p>	<p>'It's a part of growing up' Growth mindset, managing changes, body image, periods, grief and loss and sexuality.</p>	<p>How can I build healthy and safe relationships? The Importance of Family, What is Love?, Managing Unwanted Attention, What are Abusive Behaviours, Online Relationships, Consent and Harmful Behaviour.</p>	<p>How can my lifestyle choices impact my wellbeing? Internal and external influences, bullying v banter, groups or gangs, risks around vaping and why might alcohol put me at risk?</p>	<p>Why is being charitable a valuable part of society? A project looking at the important role that charity plays, working towards charity fundraising.</p>	<p>How do I identify and challenge discriminative behaviours? Respecting identities and challenging discrimination of all kinds.</p>
Year 9	<p>How can I play my role in a better community? Safety in the community, the role of the Police, justice, crime and attitudes towards others in society.</p>	<p>How can my ambitions shape my choices?</p>	<p>How can I maintain healthy relationships? Roles in the Family, Long-term Commitment, Choices around Sex, Avoiding Assumptions, Freedom to Consent, Contraception and Teenage Pregnancy.</p>	<p>How can I avoid risky behaviour? Substance use and misuse, The law around drugs, What is trolling?, Views on FGM and The laws and consequences of nudes.</p>	<p>Lifelong skills Coping strategies, financial literacy, understanding pay-slips and skills that students will find useful in later years.</p>	<p>Why are British values important? A topic focused on overcoming challenges in society, based upon British Values and linked to 'CORE Values'.</p>
Year 10	<p>How can I best take care of my wellbeing? Recognising mental health and promoting emotional wellbeing, self-harm and body modification.</p>	<p>Work experience and beyond</p>	<p>What are my rights and responsibilities? Social Media Rights and Responsibilities, Attitudes Towards Sending Nudes, What is Influencer Marketing?, My Rights as a Consumer, My Rights as an Employee, Rights and Responsibilities in Marriage.</p>	<p>How can I keep myself safe in an intimate relationship? Delaying sexual activity, why have sex?, contraception, what are STIs? and managing unwanted attention.</p>	<p>Am I aware of risk and crime? Honor-based violence, forced marriage, online gambling, watching inappropriate content, modern day slavery and CSE.</p>	<p>Can I overcome challenges in a changing society? A topic focused on challenges in society, including equality for all, the impact of fake news and British Values.</p>
Year 11	<p>Employability skills Work experience reflection, next step choices, apprenticeships and LMI.</p>	<p>How can I ensure that I am successful? Identifying and managing stress levels, managing my time effectively, recapping and revising prior to mock examinations.</p>	<p>Do I have the knowledge to make big decisions? Finance: saving and Investing, Parenthood: pregnancy and roles of the parent. Health: checking myself and organ/blood donation.</p>	<p>How can healthy relationships influence my home life? Fertility, journey to parenthood, alcohol and bad choices, importance of sexual health, revisiting the essentials.</p>	<p>GCSE Preparation and Revision</p>	

Health and Wellbeing

Healthy Relationships

Living in the Wider World

Careers Education