

Year
11

How can healthy relationships influence my home life?

The purpose of this topic is for students to ensure that they have the **knowledge and understanding of factors that may influence their home life in the future**. Fertility and the journey to parenthood, the influence that alcohol can have on a relationship, the importance of continued positive sexual health and revisiting the essentials are important in this topic.

Year
10

How can I keep myself safe in an intimate relationship?

The purpose of this topic is for students to build on their **understanding of sex and relationships, focussing on the concept of safety**. This includes contraception, STIs as well as considering the importance of delaying sexual activity. Students will be aware of the issues that may impact upon their view of a healthy relationship.

Year
9

How can I maintain a healthy relationship?

The purpose of this topic is for students to **explore some of the key tools that are part of maintaining a healthy relationship**. This includes 'consent' and the law related to this. Students will also learn about relationships and partners, as well as what to look out for, in order to keep them and their friends safe.

Year
8

How can I build healthy and safe relationships?

The purpose of this topic is to **build on the concept of friendship and to develop this further by considering what love means**. Students will consider gender and sexual orientation and think about how these can build towards having a healthy relationship.

Year
7

Why are healthy relationships important?

The purpose of this topic is for students to **develop a sound knowledge that will allow them to build healthy relationships, focussing on family and friends**. Students will explore the importance of family life, and how to manage good friendships effectively.

